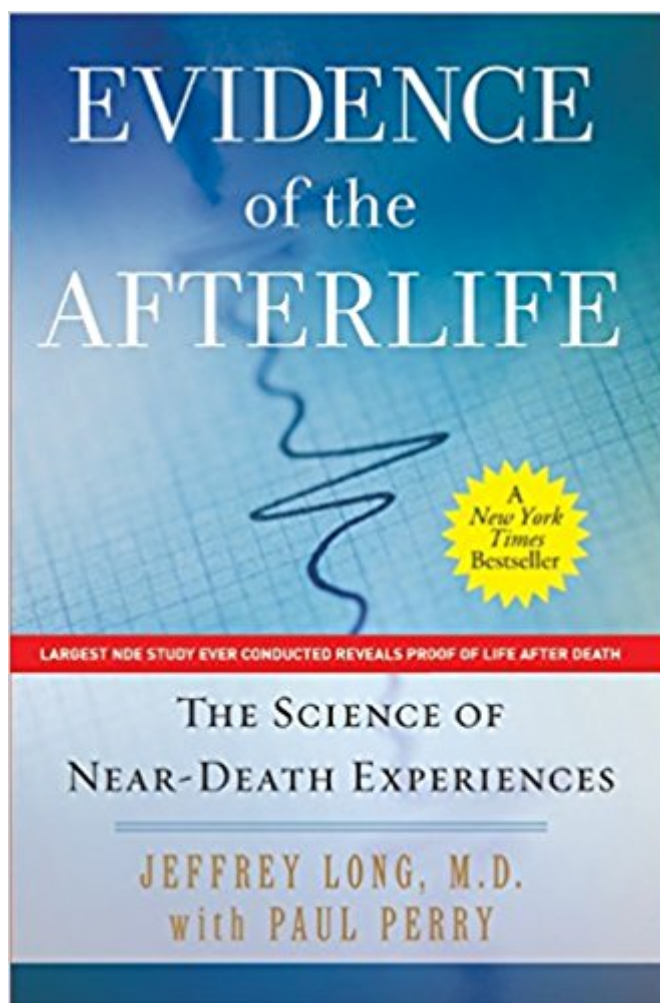


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# Evidence Of The Afterlife: The Science Of Near-Death Experiences



## Synopsis

“There is currently more scientific evidence to the reality of near death experience (NDE) than there is for how to effectively treat certain forms of cancer,” states radiation oncologist Dr. Jeffrey Long in his groundbreaking new book *Evidence of the Afterlife*. In 1998 Dr. Long and his wife, Jody, began the Near Death Experience Research Foundation with the goal of creating a forum for near death “experiencers” to share their stories. Grounded in first-hand evidence culled from over 1,600 verified NDE accounts, *Evidence of the Afterlife* presents the strongest argument yet for the underlying truth of those who have died and returned to share their tales.

## Book Information

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## Customer Reviews

“Dr. Jeff Long and journalist Paul Perry have done a phenomenal job in clarifying current events in the study of near-death experiences. Dr. Long’s work is leading us closer to a rational solution of the afterlife mystery.” (Raymond Moody, M.D., Ph.D., author of *Life after Life*) “This important book about near-death experiences provides compelling evidence that mind and consciousness cannot be reduced to brain activity.” (Mario Beauregard, Ph.D., Neuroscientist at the University of Montreal and co-author of *The Spiritual Brain*) “If someone asked for proof that life after death exists, refer them to this book. Dr. Long and Paul Perry have gone way beyond faith and into science, providing us with well-documented proof of what we have known absolutely for 35 years - there is life after death.” (Dannion and Kathryn Brinkley, authors of *Saved by the Light and Secrets of the Light*) “Is there life after death? ...Radiation oncologist Dr. Jeffrey Long argues that if you

look at the scientific evidence, the answer is unequivocally yes. Drawing on a decade's worth of research on near-death experiences... he makes the case for that controversial conclusion. • (Time.com) • Long answers skeptics . . . does a fine job of summarizing some of the transformative changes from NDEs.... The end result of all this testimony, according to Long, is • "there is life after death." • (Spirituality and Practice)

The Most Compelling Scientific Evidence for Life Beyond Death Ever Compiled Evidence of the Afterlife shares the firsthand accounts of people who have died and lived to tell about it. Through their work at the Near Death Experience Research Foundation, radiation oncologist Jeffrey Long and his wife, Jody, have gathered thousands of accounts of near-death experiences (NDEs) from all over the world. In addition to sharing the personal narrative of their experiences, visitors to the website are asked to fill out a one hundred-item questionnaire designed to isolate specific elements of the experience and to flag counterfeit accounts. The website has become the largest NDE research database in the world, containing over 1,600 NDE accounts. The people whose stories are captured in the database span all age groups, races, and religious affiliations and come from all over the world, yet the similarities in their stories are as awe-inspiring as they are revealing. Using this treasure trove of data, Dr. Long explains how medical evidence fails to explain these reports and why there is only one plausible explanation "that people have survived death and traveled to another dimension.

Life does not end when our physical bodies die. That is the message of Jeffrey Long's • "Evidence of the Afterlife: The Science of Near-Death Experiences." • Dr. Long, a radiation oncologist, has established the Near Death Experience Research Foundation, as well as a website for people to share their experiences. In "Evidence of the Afterlife," • he has used widespread sampling of NDE accounts as told by the people these stories actually happened to. The stories were analyzed and evaluated carefully to avoid bias based on race or religion. Long says that his study found that what people discovered in their near-death experience about "God, love, afterlife...forgiveness, and many other concepts is strikingly consistent across cultures, races, and creeds." • After numerous chapters of scientific measurements, I must confess that the objective, data-driven writing style got rather dry. Consequently I went to the author's • website, which contains hundreds of original documents--first-person accounts on which Long's • studies are based. These stories are wonderfully revealing, often mysterious. One question had troubled me a little in reading the book: Why are all the book's •

stories such glowing testimonials, with little said of people who may have had scary near-death experiences? On this missing subject, the book refers readers to the website. There, sure enough, are a few accounts of bad experiences, of a frightening darkness and abandonment. I noted in one website account even a suggestion of a demonic presence. These "less happy" accounts are available if readers want to search through the mass of positive NDEs to find the roughly ten percent that may contain frightening or negative passages. I recommend this unusual book and its companion website to readers of any religious persuasion who are able to lay aside for a moment their pre-conceived ideas, in order to understand what the evidence cited by the author seems to show.

This book's focus is just what is indicated on the cover: scientific evidence of the afterlife. Before going further, let's look at what "scientific" means here. We are not talking quantum physics or any new age stuff that is so prevalent now (there are many physicists who cringe at the idea of quantum mechanics being used as "proof" of the spiritual world). This is not a lab with flasks and Bunsen burners. This is done in behavioral science methodology, specifically, survey research and quantitative analysis. Before you yawn, don't worry, it does not get bogged down in jargon, but it does have somewhat of a relaxed scholarly tone, basically somewhere between conversational and textbook. Now that we have that out of the way, let's take a look at the meat and drink. There are 9 main points of evidence presented by the author. This is the largest scientific study of NDEs (near death experiences) to date. The techniques used for analysis are legitimate and used in the behavioral sciences regularly. What this does is provide techniques to give confirmation that the reported NDEs are actually legitimate, and not some fabrication. The evidence provided by NDE survivors is compounded with medical evidence and presented in a very clear and concise way (the book isn't all that long, comparatively speaking). Adding backup is medical research that verifies the physical state of the NDE survivors (they were either clinically dead or basically there), which is used to counter a lot of the skeptical arguments. So how does the author address skepticism? Very well. Sometimes, it may seem as though Dr. Long is a bit defensive, but I see it more as he is being preemptive. That is what scholars do, they do their best to cover counter-arguments to their research. What this does for Evidence of the Afterlife is round it out to be a very solid piece. Just as the author does, I find it reasonable to conclude the existence of life after bodily death, and the very distinct possibility that this earthly life is only a small part of our existence. What you will not see in this book is preaching of any particular religion. Quite the opposite in fact. I found reading this to be a spiritual experience but not a religious one. One of the points in the book is that young children,

adults, etc have consistent content in their NDEs but this content is also consistent across religions and ethnic backgrounds. In other words, they are religiously neutral. Food for thought. Though I do see this as strong evidence of life after death, I will give this caveat: a firm believer in nothing (which is a belief in something) probably will not be convinced. The reason for this is, like any other belief system, it is difficult, if not impossible for others to convince someone to change them. The same is for someone who is deeply religious. The religiously neutral presentation could be interpreted by some as the "work of the devil". If you are not open to such presentations that may fly in the face of your beliefs, I encourage you to pass this one by. It will just make you mad. For those who are open or exploring their own spirituality, or are just questioning and looking for answers, this is a definite must-buy.

Have read up on this subject for over 30 years....finally science is catching up. Excellent presentation and personal testimonies. If you don't believe after reading this, then you never will. Death is not to be feared....it's just going thru another door.

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